



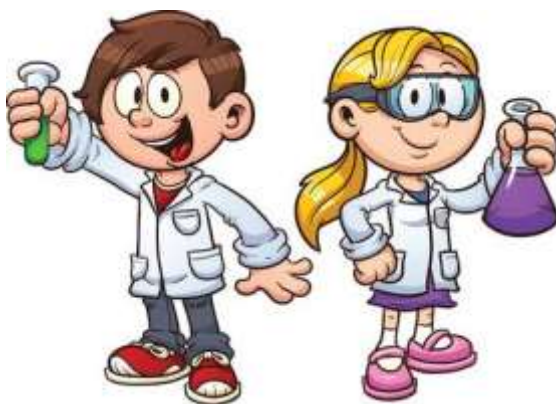
SANTA MARIA INTEGRATED LEARNING ENVIRONMENT
4, Green Avenue Lane, Vasant Kunj
New Delhi- 110070

Dear Parent,

The holidays are round the corner and everyone is waiting eagerly for it. We are sure that you have also planned to do interesting things with your child at home. Given below are some activities that would help you engage meaningfully with your child. You are requested to read them carefully to understand how to go about the activities. We hope that the activities will contribute in the development of your child and you will have a great time doing them together.

Please Note: All activities have to be attempted at home and presented in the class exhibitions during the month of July (if school starts then). **Kindly supervise and help your child to do them largely on his/her own.**

❖ **ACTIVITY 1 - BUDDING SCIENTISTS:**



- **Help your child to attempt and document at least one experiment.**

Search online for some age appropriate experiments based on **Air/Water/Light** that can be done at home. Help your child to collect the required material. Now let him/her do the experiment and observe the outcome. Encourage him/her to discuss the observations and also illustrate the experiment in steps. Make sure you supervise your child for safety while he/she is doing these experiments.

Depict the stages and observations the child makes while she does the experiment by clicking photographs of those stages or by drawing the stages and the outcome on a sheet of paper. Help the child record **the observations through illustrations of at least one such experiment for presenting at the school exhibition in July.**

Please note: All the materials needed to present the experiment should be kept, so that you can send to school with the child when asked.

Links given below are for reference.

- <https://www.youtube.com/watch?v=2TE56FxH-ao>
- <https://www.youtube.com/watch?v=McVpXiSttnU>
- <https://www.youtube.com/watch?v=4MHn9Q5NtdY>

❖ **ACTIVITY 2 - STORY TELLERS:**

- We advise parents to do story telling with children every day. However, you can ask the child to choose one story that she / he likes best to do the follow up activities given below:



Story telling: Choose an age appropriate story and narrate it to your child.

You could also narrate a folk story in your regional language. Encourage your child to narrate the story back to you. Also help him/her to improvise so as to create a new version or even a new story

- **Story illustration:** Help your child to think and illustrate the story in a sequence on a sheet of paper. You can encourage the child to use different mediums to do so like paints and brush or crayons. Then compile the sheets into a booklet form with a cover page and an appropriate title.
- **Puppet Making:** Team up with your child to make puppets of the characters in the

story. (Glove puppet using old socks, stick puppets, finger puppets). Now use these puppets to do a role-play of the story. Encourage your child also to use puppets and do a conversation between two characters or pretend to be a character and talk.

Please note: Child is expected to draw/ illustrate since writing is not developed as of now. Any writing can be done by the parent.

A wide range of age appropriate story books are available with:

Pratham publications, Tulika, Kathaa, National Book trust, Children's Book Trust

For **online** storybooks kindly visit the following websites:

Pratham books: storyweaver.org.in, Oxford owl: www.oxfordowl.com.au, Tulika: www.tulikabooks.com

ACTIVITY 3 - NATURALISTS



Attempt at least 'one' activity from the ones given below.

a) **Observer: "I am an observer; I observe and record "**- Search for an insect in/around the house. Help your child observe the insect with the help of a bug catcher or magnifying glass to observe its physical features, unique characteristics, shape and size etc. Later help your child compile the observations in the form of a book- **keeping following pointers in mind: -**

- Name of the observed creature
- Illustration of the creature featuring its body, colour and other details.
- Information about eating habits- through drawings and responses (written by the parent).
- Information about living habits.
- Any interesting fact about the creature.



b) Explorer: “I am an explorer; I explore and discover”-

Help the child to **attempt at least one activity out of the ones listed below**

1. Have a virtual tour of museums/ bird sanctuary / cleanest villages of India
2. Map your surroundings - Let the child name important places like shops, mother dairy, market, place of worship, hospital, post office, park, stadium in the vicinity Now let your child draw a map of your neighbourhood keeping your home in the centre.
3. Observe the night sky (for 15 days) - Let your child make interesting observations in the night sky and draw them for at least a fortnight to record the changes he/she observes.

Later encourage your child to illustrate the virtual tour/mapping/observations on a sheet of paper and compile them into a booklet.

Some links are given below for the child to watch: -

- <https://www.youtube.com/watch?v=rImgJ5WZQIM> -Yuksom (Sikkim), first village in India to ban single use plastic.
- <https://www.youtube.com/watch?v=73zjD-ymt-0-> A day in Bharat Pur Bird Sanctuary
- <https://www.youtube.com/watch?v=LTXD6XZXc3U> - Beauty in nature
- <https://www.youtube.com/watch?v=G3VMI-EY2DM> - Life cycle of a butterfly

Given below are some apps which can be downloaded and where children are free to explore the wonders of the world.

- Virtual tours on the website of NASA- Exoplanet Excursions App
- The Geo guesser game -you will be dropped anywhere and get a 360-degree street view

- Google's free Expedition app
- Explore.org-network of 24hour live cam

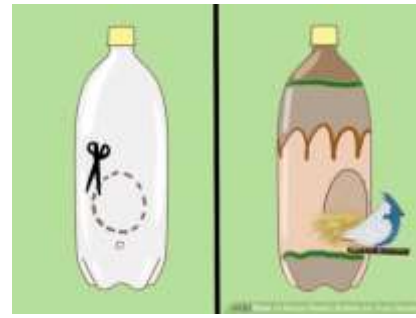


c) Life of a plant- Help your child to sow a few seeds available in the kitchen such as fenugreek (methi), tomatoes, coriander, chilies, carom seeds (ajwain) etc. in an earthen pot. Help the child prepare the pot by filling it with soil, remove stones and impurities like plastic and place the pot in an appropriate place. Encourage the child to look after the plant and observe and record its growth everyday through a drawing. Now help the child to compile all the illustrations and observations into a booklet/scrapbook.



d) Recycling- Encourage your child to think and use waste material to create something useful. Given below are some examples:

- a musical instrument out of cardboard boxes or tins.
- greeting cards out of old invitation cards.
- a puzzle (6-8 pieces) or a game from old greeting cards.
- a wind chime with old spoons/ keys etc.
- book marks and paper bags with reusable paper.
- a small cloth bag/ a cloth doll/ cloth pencil pouch.
- Vegetable print an old dupatta/ saree or use printing blocks
- a planter / bird feeder using a cold drink bottle etc



Please note: While you may encourage your child to create many things with waste material during the holidays, you will need to send any **one to school for the exhibition.**

❖ **ACTIVITY 4 - Picture Dictionary**

- Help your child to revisit **letters and their phonic sounds** by making a picture dictionary. Use reusable paper to create a booklet.
- Write a **single letter** (small) on a page. Now help your child identify the phonic sound of the letters and recall names of some objects, animals, people that start with the sound.
- Once the child has recalled more than three objects allow him/her to draw, paint or cut pictures of these objects on the page.
- Write the names of each object as the child names them. The focus should be on helping your child identify the first sound of the word.
- Make a page for each sound in this way.

Sequence of letters: s, a, t, i, p, n, c, k, h, r, m, d, o, f, l, b, e, g, j, u, y, w, v, q.

Phonic sounds (for parents) - <https://www.youtube.com/watch?v=saF3-f0XWAY>

ACTIVITY 5 - GROSS MOTOR SKILLS:

Suggested below are few activities that will enhance your child's gross motor skills-

- Spot jogging from slow to fast
- Hop scotch
- Throw and catch the smiley ball. Balls of different sizes may be used to give variation.
- Focusing and throwing the ball in a bucket from a distance.
- Kicking the ball slowly on a track.

- Simple yoga asanas like mountain asana, tree asana, chair asana, cow asana, horse asana etc. <https://www.youtube.com/watch?v=YKmRB2Z3g2s>
- Pitthoo- aiming at a target and hitting it with a ball
- Walking bare feet in the tactile trays (like trays with sand, twigs, water etc)
- Fun activities to enhance balance, concentration, focus, agility - <https://youtu.be/A+KtUKbrnkw>



Fun activities for children for Fine motor skills -
<https://www.youtube.com/watch?v=8Z2Tdnfn728>

POINTS TO REMEMBER:

- Please remember that your child has not mastered writing so all responses and narratives of the child are to be written by the parent.
- All activities given above should be staggered over the holidays. Please do **not** keep things for the last few days.
- Kindly choose child friendly and age appropriate material like paints, crayons, safety scissors (no pencils).
- Please refer to the school website for further information.

Please Note: If all goes well children will present their activities in the class during show and tell in July. This will be followed by an exhibition. So please preserve all work and be ready for presentations.

Stay safe, stay healthy!

Warm regards and happy holiday

Deeksha Thomas
 Principal

